





....together in pursuit of excellence

39th Annual Conference of Indian Rheumatology Association 2024

21st – 24th November 2024

Q Chamara Vajra at Palace Grounds, Bengaluru

SCIENTIFIC PROGRAM

This IRACON Let's Think Sustainability









WELCOME MESSAGE

Welcome to IRACON 24, Bengaluru! Team KRA will ensure you have an overall memorable experience with good scientific content and pleasant hospitality.

IRACON, the pinnacle of Rheumatology Conferences in India, consistently enriches our understanding and propels the field forward year after year. Anticipate a warm invitation to join us in Bengaluru for IRACON in November 2024.

As the capital city of Karnataka, Bengaluru boasts stunning gardens, a culture known for its hospitality and a vibrant atmosphere. From cutting-edge science and technology to esteemed universities, buzzing nightlife and a myriad of multicuisine restaurants, our city has it all.

In IRACON 2024, we eagerly await your presence, promising an unparalleled experience. Prepare for the finest in the latest research, advancements and a networking platform featuring esteemed speakers from across India and around the globe. Join us as we deliver the epitome of excellence in Rheumatology.

Dr Nagaraj S

Organising Secretary, IRACON 2024









ORGANISING COMMITTEE

Organising Chairman

Dr Chandrashekara S

Organising Secretary

Dr Nagaraj S

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Dr KM Mahendranath Dr BG Dharmanad

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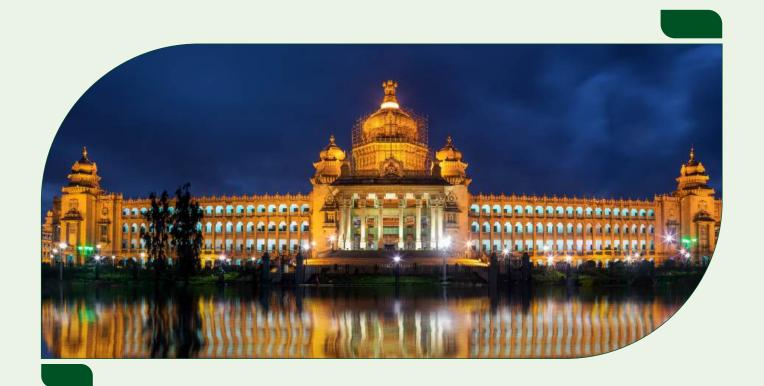
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IRACON 24

Workshops 21st Nov', 2024 (Thursday)

Workshop	Venue & Time	Learning Objectives	Faculty
Point of Care Rheumatology Ultrasound (POCRUS)#	4th Floor, Auditorium, New Building, Bhagwan Mahaveer Jain Hospital 0900 - 1700	 Basics of Doppler USG and how to set up the color Doppler settings in a USG machine Application in GCA / PMR spectrum of diseases Application in other systemic vasculitis (eg: Takayasu arteritis) Concept of PTPS - Probability based ap proach to sonological diagnosis of large vessel vasculitis Salivary Gland Ultrasound - Basics and app lication in Rheumatological practice Hands-on demonstration on each of these concepts / skills on live patients / volunteers 	Prof. Bhaskar Das Gupta (UK) Dr Ved Chaturvedi (New Delhi) Dr Parashar Ghosh (Kolkata) Dr Molly Thabah (Puducherry) Dr Sharath Kumar (Bengaluru) Dr Abhishek Patil (Bengaluru) Dr Shyamashis Das (Kolkata) Dr Suhas (Bengaluru) Dr Vikram Jain (Bengaluru) Dr Srikanth (Bengaluru)
MRI for the Rheumatologist	HALL A, Chamara Vajra 0900 -1600	Basics of MRI – various sequences, their advantages and identification on DICOM / Print images MRI of sacroiliac joints and Spine - normal, pathologies and differential diagnosis with emphasis on Spondyloarthritis Case based discussions on MRI of SIJ and Spine (5 to 10 cases each of SIJ / Spine pathologies) Pitfalls in the use and interpretation of MRI in Spondyloarthritis	Prof Xenofon Baraliakos (Germany) Dr Ashish Mathew (Vellore) Dr Chethana D (Bengaluru) Dr Karthik Shyam (Bengaluru)
Advanced DXA and BMD	HALL D, Chamara Vajra 1400 -1800	 Basics of DXA, CV and common pitfalls Basics of BMD, T and Z Scores. Which database to use? Role of FRAX and FRAXplus. Trabecular bone score. Importance and Relevance in Rheumatology. Vertebral fracture assessment by DXA – Indications and interpretation Body composition. Relevance of sarcopenia and its diagnostic relevance in rheumatology. Bone Strain Index – What does it add? Atypical femoral fracture assessment by DXA while on rheumatological medications, bisphosphonates as well as denosumab treatment. What to do when the patient had undergone DXA of different manufacturer and you have a different manufacturer's machine? 	Prof Thomas Paul (Vellore) Dr Kripa Elizabeth Cherian (Vellore) Dr Nitin Kapoor (Vellore) Dr Revanesh Mirji (Bengaluru)







IRACON 24

Workshops 21st Nov', 2024 (Thursday)

Workshop	Venue & Time	Learning Objectives	Faculty
Connective Tissue disorder- Interstitial lung disease (CTD-ILD)	Hall C, Chamara Vajra 0900 - 1530	CTD - ILD Approach PFT and DLCO Monitoring of ILD and PROs ILD Pattern identification by CT Indian data on CTD: ILD - An overview of the management of CTD:ILD Intervention in ILD Interactive group discussion	Dr Gouri Koduri (UK) Dr Madhuri HR (Hyderabad) Dr Vijaya Prasanna (Hyderabad) Dr Geetabali Sricar (Kolkata) Dr Shefali Sharma (Chandigarh) Dr Ashitha Barthur (Bengaluru) Dr Amith Rangarajan (Bengaluru) Dr Aruna (Bengaluru) Dr Swapna R (Bengaluru) Dr Uma Karjigi (Bengaluru) Dr Pradeep Kumar (Bengaluru)
Scientific writing and Publication	Board Room, Chamra Vajra 0900 – 1300	How to get your research work published Introduction to IMRAD, Methods and Results Abstracts, Keywords and Titles – How to write them better References – The methods, which is the best? And how to maintain reference lists Interactive scenario based discussion	Dr Vinod Ravindran (Kozhikode) Dr Kushagra Gupta (Hisar) Dr Subramanian Nallasivan (Tirunelveli) Dr Pulin Gupta (New Delhi) Dr Gayatri Ekbote (Pune) Dr Upendra Rathore (Indore) Dr Arun Hegde (Belgavi) Dr Srinivas (Bengaluru)
Soft Tissue Rheumatism, Fibromyalgia and tendinopathies	Cottage, Mukta Annexe, Chamra Vajra 1400 - 1800	 Recognition, diagnosis and basic treatment strategies for tendinitis and enthesitis Recognition, palpation and the treatment principles for MFPS Basics of Dry needling Confidence in prescribing and management plan for soft tissue Rheumatological conditions 	Dr BG Dharmanand (Bengaluru) Dr Prem Venkatesan (Bengaluru) Dr Venkatachalam (UK) Dr Suresh Franklin (Chennai) Dr Sudheernath Sake (Bengaluru) Dr Yathish G C (Bengaluru)
Auto-antibody and Newer Lab techniques in Rheumatology [#]	ChanRe RICR, Margosa Rd, Malleshwaram 0900 - 1700	 Understand the principles and methodology of laboratory techniques (Agglutination, IIF, ELISA, Line blots) employed in carrying out tests for various autoantibodies. Hands-on experience of doing IIF and Line blot assay. Analysis and Interpretation of laboratory results 	Dr Renuka P (Bengaluru) Dr Chandrasekara S (Bengaluru) Dr Vikas Aggarwal (Lucknow) Dr Ajay (New Delhi) Dr Sachin Jeevanagi (Kalburgi) Dr Priyanka Thorat (Faculty for workshop demonstration)







IRACON 24

Workshops 21st Nov', 2024 (Thursday)

Workshop	Venue & Time	Learning Objectives	Faculty
Artificial Intelligence in Rheumatology	Hall D, Chamara Vajra 0900 -1300	Demystify AI and Machine learning Access to various learning resources on AI and ML Understand the type of research that can be analyzed using AI/ML	Air Vice Marshal (Dr) Shankar Subramanian (Shillong) Gp Capt (Dr) S Kartik (New Delhi) Brig (Dr) Suman Kumar (Kolkata) Lt. Col (Dr) Parikshit Sanya (Pune) Dr Rintu Kutum (Sonipat)
Systemic Sclerosis Scoring and Outcome Measures#	5 th floor, Unit of Hope building, St John's Hospital 1400 - 1800	Current concepts in skin scoring and assessment in systemic sclerosis mRSS Scoring rCRISS as an outcome measure in Systemic Sclerosis	Dr Dinesh Khanna (USA) Dr PD Rath (New Delhi) Dr Padmanabha Shenoy (Ernakulam) Dr Anna C Das (Bengaluru) Dr Ramya Janardana (Bengaluru)
GRAPPA	Hall C, Chamara Vajra 1600 -2000	Didactic Lectures Workshop Case based discussions	Dr Amit Garg (USA) Dr Philip Helliwel (UK) Dr Chathurika Dandeniya (Sri Lanka) Dr Sunil Dogra (New Delhi) Dr Bimlesh Dhar Pandey (Noida) Dr Ashish Mathew (Vellore)

Note: *QR Code of the location added at the end of the brochure.







21st NOV' 2024, THURSDAY

Hall B : Dr S D Deodhar Hall A Discourse on Applied Immunobiology

Logistics / Coordinators: Dr Sandhya P, Dr Shivraj Padiyar

Who should attend?

Rheumatologists who want to understand basic concepts of applied immunology Trainees for in depth understanding of intricacies of orchestra of immune system Biomedical Researchers

Pharmaceutical and Biotechnology Industry Professionals Educators and Academic Faculty

Learning objectives

- 1. Understanding Core Concepts immunobiology, including the roles of various components of innate and adaptive immune systems.
- 2. Application of Immunobiology in health and disease: how immunobiological principles apply to the pathogenesis, diagnosis, and treatment of various diseases
- 3. Learn about best Genetics test to order and its interpretation

CONVENER: Prof Sita Naik Context setting....

Time	Topic	Learning Objectives	Speaker	Chairpersons
09:00-9:40	The Nuts and Bolts of Innate immune system			Prof Dipankar Nandi (IISc, Bengaluru)
	Basic Overview of Innate Immune receptors	Brief Overview of Innate Immunity: focussing on TLRs. How does it sense danger and react? Is it really a perfect creation?	Dr Shailesh Dudhgaonkar (BBRC, Bengaluru)	Dr S Ganguly (Kolkata) Dr Pradeepta Sekhar Patro (Bhubaneswar)
	Clinical Innate immune aberrations in AIRDs and applications in therapeutics	Innate immune aberrations in Immunodeficiency, viral infections and AIRDs Applications in therapeutics - brief overview of TLR antagonists	Prof Varun Dhir (Chandigarh)	
09:40-10:20	Interferonopathies: Beyond the Viral Fad Basic Physiology of interferons and measuring their impact in disease	Introduction to IFN, its sensors, signalling pathways, and Interferon Stimulated genes. Understanding the interferon score.	Prof Amita Aggarwal (Lucknow)	Dr Vara Prasad (Hyderabad) Dr Abhilasha Shah (Lalitpur, Nepal) Dr Aarti Sharma (Delhi)
	Clinical Monogenic and polygenic interferonopathies and therapeutic options	Mechanism of major heritable interferonopathies, overview of interferon aberrations in AIRDs (SLE, IIM) and its therapeutic potential.	Dr Saumya Ranjan Tripathy (Cuttack)	







21st NOV' 2024, THURSDAY

Hall B : Dr S D Deodhar Hall A Discourse on Applied Immunobiology

Time	Topic	Learning Objectives	Speaker	Chairpersons
10:20-11:00	Complimenting the complements Basic Biology of complements and its applied aspects Clinical Complements in Therapeutic development for AIRDs	Regulation of complements as relevant to AIRDs Relevant concepts learnt from pathogenesis of Hereditary angioneurotic edema, HUS and PNH Development of therapeutics involving complements in autoimmune diseases focusing on Eculizumab and Avocapan (using C5a role in AAV).	Dr Ankur Jindal (Chandigarh) Dr Ranjan Gupta (New Delhi)	Dr Deepak Gupta (USA) Dr Ashit Syngle (Chandigarh)
		Tea Break 11:00-11:30		
11:30-12:00	Inflammasome- the balancing act (far and beyond)	Inflammasome: Journey from physiologic role to disease states. Therapeutic potential in Immune mediated and Non-immune diseases. RCTs - targeting inflammasome components.	Dr Siddharth Jain (New Delhi)	Prof Annapurna Vyakarnam (Bengaluru) Dr Himanshu Pathak (Vadodara)
12:00-12:30	Immune memory- How to train your dragon?	Innate and adaptive immune memory and its aberrations in AIRDs Mechanism of Vaccine memory. Can it be harnessed for treatment of AIRDs?	Dr Sudha Kumari (IISc, Bengaluru)	
12:30-13:00	Symphony of Cytokine Signalling: Practical Concepts	Overview of cytokine signalling pathways. Learn how different cytokine signalling pathways crosstalk to fine-tune immune responses and maintain homeostasis and what happens when it gets dysregulated How is this knowledge applied in therapeutic strategies of autoimmune diseases?	Dr Sakir Ahmed (Bhubaneshwar)	
		Lunch 13:00-13:45		







21st NOV' 2024, THURSDAY

Hall B : Dr S D Deodhar Hall A Discourse on Applied Immunobiology

Time	Торіс	Learning Objectives	Speaker	Chairpersons
13:45-14:15	Targeting B cells from surface to Core	Brief overview of B cell biology. Understanding the B cell targeted therapies. Whether it is to be CD19/20 or 22, or BAFF/APRIL/ or combination/ sequential use?	Dr Phani Kumar (Hyderabad)	Prof Dipankar Nandi (IISc Bengaluru) Dr Sundeep Upadhyay (New Delhi) Prof Kamalanathan Sivasankaran
14:15-14:45	T cells biology and application in therapy of autoimmune diseases	Quick run thru basics and brief review of Immunotherapeutics including CAR T cells/ reg T cell/ Ag specific Rx	Dr Girdhari Lal (NCCS, Pune)	(Vellore)
14:45-15:35	The Genomics menu for the practising rheumatologist Genetics Unzipped: Crafting the Perfect Genetics Test Order Decoding the Codes: The What, Why, and When of Whole Genome Sequencing	Learning Objectives: Improving molecular Genetics test ordering: through a tailored approach Understand the different types of genetic tests and their pros and cons Depth of sequencing and why it matters Understand the basics of variant interpretation Learning objectives What are the situations where WGS is useful Different applications of WGS Unique considerations - reanalysis and revisiting data WGS as a screening tool - what does evidence say?	Dr Gautham Arunachal Udupi (Clinical Geneticist, NIMHANS, Bengaluru) Dr Vinod Scaria (Genomics Scientist, Bengaluru)	Prof Venkatesh Pai (Haridwar) Prof Sumita Danda (Vellore)
15:35 -16:15	Sum up the day's discussion: Building upon the concepts learnt today. How all these nuts and bolts converge in health, get disrupted in disease. Application of this knowledge to diagnostics and therapeutics. ALL Delegates and Faculties		Lead discussant: Prof Sita Naik(New D Prof Amita Aggarwal (Prof Varun Dhir(Chan	(Lucknow)
16:15	Vote of Thanks	Dr Sandhya P, Dr Shivraj Padiyar		







21st NOV' 2024, THURSDAY

MUKTA HALL Refresh Rheumatology in a Day

Learning Objectives:

Keeping abreast with core concepts and latest advances in diagnostics and therapeutics Pragmatic learning through case scenarios.

Local coordinators:

Dr Utkarsha, Dr Sangeeta KN, Dr Silas Rao

Time	Topic	Learning Objectives	Speaker	Chairpersons	
09:00-09:20	Review of practice-altering clinical trials for Rheumatoid Arthritis over the last decade	Evidence that has translated into real-world changes in clinical practice	Dr Sham S (Chennai)	Maj Gen Dr Darshan Singh Bhakuni (New Delhi)	
09:20-09:40	Practical tips - assessment and treatment of cardiovascular morbidity in inflammatory arthritis	Become acquainted with the risk, methods of assessment, using the CV risk calculator and deliver appropriate guidance (both pharmacological and non - pharmacological)	Dr Vishad Viswanath (Trivandrum)	Dr Paul Antony (Thrissur) Dr Avinash Sharma (Shimla) Dr Vishnu S Chandran (Thiruvalla)	
09:40-10:00	Gout: Navigating Practical Challenges in day-to-day practice	Addressing practical challenges, in terms of diagnosis and management of gout and touch upon relevant polypharmacy	Prof Binoy Paul (Kozhikode)		
10:00-10:20	Making things Crystal Clear: Imaging Guidelines for Crystal arthropathies	How are they supported by evidence (EULAR) What gaps still exist?	Dr Neeraj Jain (New Delhi)	Dr Lubna Khurshid (Srinagar) Dr Bhuvanesh M (Trivandrum)	
10:20-10:40	Missing links on X-rays	Learn to accurately interpret paediatric conventional skeletal radiology	Prof Suma Balan (Kochi)		
		Mobility Break 10:40-11:00			
11:00-11:20	Emerging therapeutic targets in PsA	Translating knowledge generated in understanding pathogenic mechanisms of various components of PsA into therapeutics	Dr Bhowmik Meghnathi (Ahmedabad)	Dr Reena Sharma (Ahmedabad) Dr Mujeeb Rahman (Malappuram)	
11:20-11:40	Osteoarthritis: Update in pathogenic mechanisms and therapeutics	Review of pain mechanisms in OA Approaches to non-surgical management including Nutraceuticals, Viscosupplementation and Tribosupplementation	Dr Shabbir Chikani (Rajkot)	Dr Vaijayanti Lagu- Joshi (Pune)	
11:40-12:00	Joint-Nerve symphony in Fibromyalgia	Pathobiology of FM; central as well as peripheral sensitization. Functional brain MRI findings. How does this information translate into approaches to therapy	Dr Aswin Nair (Kollam)		







21st NOV' 2024, THURSDAY

MUKTA HALL Refresh Rheumatology in a Day

Time	Topic	Learning Objectives	Speaker	Chairpersons
12:00-12:20	Dwelling into depths of Autoinflammatory disorders	Update on the evolving concept of autoinflammation in adults with disease-specific examples to highlight the heterogeneity of phenotypes with a focus on interferonopathies and inflammasomopathies	Prof Deepti Suri (Chandigarh)	Dr Naga Prabhu (Coimbatore) Dr Priyanka Kharbanda (New Delhi) Dr Smruti Ramteke (Nagpur)
12:20-12:40	Immunology of Recurrent Pregnancy loss (RPL)	Understand the immunological as well as alloimmune aspects of RPL. Progress in therapeutic interventions, if any	Dr Avinash Jain (Jaipur)	
12:40-13:00	Management of Osteoporosis with recent fracture	Choosing between antiresorptive and anabolic agents. Utility of bone turnover markers and current algorithm based approach	Dr Kavita Krishna (Pune)	
13:00-13:15	Rapporte	ur's report: Dr Sasiakala B, Dr Ankit	Patwari	
13:00-13:15	l	unch & Networking 13:15-14:00 h	nrs	
14:00-14:20	Three Quarters of a century later, do we still swear by steroids?	Review current clinical guidelines and best practices for prescribing glucocorticoids in AIRDs Explore emerging research and potential future directions in glucocorticoid therapy for AIRDs	Dr Yojana Gokhale (Mumbai)	Dr Santosh Mondal (Kolkata) Dr Vishal Marwah (Cochin)
14:20-14:40	Anti-FcRn monoclonal antibodies - new kid on the block	Physiological function of FcRn and its inhibition in autoimmune disorders	Dr Jyoti Parida (Bhubaneswar)	
14:40-15:00	PET CT for the rheumatologist: The Detective Work!	Understand strategies for incorporating PET CT into the diagnostic, monitoring and management pathways of inflammatory rheumatic conditions including PUO.	Dr RV Parameswaran (Bengaluru)	Dr Raja N (Vellore) Dr Srujana A (Kurnool) Dr Sisir Kumar Mahapatro (Bhubaneswar)
15:00-15:20	Giant Cell Arteritis: Seeing the "Giant" Picture Through a Rheumatologist's Lens!	Case-based learning through real- world scenarios, enhancing clinical decision-making skills in GCA.	Dr Pravin Patil (Pune)	
15:20-15:40	Complexities in diagnosis and management of Primary CNS vasculitis	Learning through cases and understanding challenges in diagnosis and treatment	Dr Raghavendra (Bengaluru)	
15:40-16:00	Saving Fingers in the Nick of Time: The Art of Diagnosing and Dodging Digital Disaster!	Review the diagnostic approaches, non-pharmacological and pharmacologic options in situation where diagnosis of specific CTD cannot be established	Dr Ajit Nalawade (Pune)	Dr Shyam Nidheshbhai Shah (Surendranagar)
16:00-16:20	Sarcoidosis- an elusive malady	Explore the challenges and limitations in diagnosing sarcoidosis through intriguing real-life situations.	Dr Arvind G (Mangalagiri)	







21st NOV' 2024, THURSDAY

MUKTA HALL Refresh Rheumatology in a Day

Time	Торіс	Learning Objectives	Speaker	Chairpersons
16:20-16:40	Oral Sicca- Moist Solutions for Parched Problems	Learn about strategies for managing dry mouth, including lifestyle modifications and oral hygiene practices. Tips on saliva substitutes, stimulants, and oral hydration techniques.	Dr Srinivas K (Bengaluru)	Dr Aparna Reddy. S (Tirupati) Dr Vishnu Sharma (Ahmedabad)
16:40-17:00	Rise of the machines: Balancing victories and vices of the digital health technology wave	Digital health technologies: Balancing barriers and opportunities in rheumatology practice- Where do we stand in the Indian context? Self-assessment by patients- eg Joint condition, skin thickening. Deployment of PROM remotely. Tracking adherence.	Dr Bidyut Das (Cuttack)	Dr Bharat Singh (Jaipur)
17:00-17:15	Rapport	eur's report: Dr Naman Jain, Dr Rav	ri Kiran	

SIG







SIG Business Meeting

SIG	Date	Time	Venue
Psoriatic Arthritis	22 nd Nov 2024	08:00-09:00	Hall D: Lt Col Dr Achuthan Hall
Osteoporosis	22 nd Nov 2024	08:00-09:00	Board Room
SLE	22 nd Nov 2024	08:00-09:00	Mukta
Osteoarthritis	22 nd Nov 2024	14:30-15:30	Mukta
Reproductive Rheumatology	22 nd Nov 2024	16:00-17:00	Board room
IIM	22 nd Nov 2024	16:00-17:00	Mukta
IRAVAS	22 nd Nov 2024	16:00-17:00	Hall D: Lt Col Dr Achuthan Hall
IgG4RD	23 rd Nov 2024	08:00-09:00	Mukta
Rheumatoid Arthritis	23 rd Nov 2024	08:00-09:00	Hall D: Lt Col Dr Achuthan Hall
Women Health	23 rd Nov 2024	08:00-09:00	Board Room
Systemic Sclerosis	23 rd Nov 2024	16:00-17:00	Mukta
Sjogrens Syndrome	23 rd Nov 2024	16:00-17:00	Board Room
Spondyloarthritis	23 rd Nov 2024	16:00-17:00	Hall D: Lt Col Dr Achuthan Hall

Meet the Professor: Chit Chat with Gurus

22nd Nov 2024 (Friday) 07:45 - 08:45

Topic	Guru	Local Coordinator	Hall
Large Vessel Vasculitis & Imaging	Prof Bhaskar Dasgupta Prof Kavita Krishna Dr Yogesh Preet Singh	Dr Prashant Bafna	Hall A: Dr Debashish Danda Hall
Spondyloarthritis	Prof Xenofon Baraliakos Prof Sukumar Mukherjee Prof Durga Misra	Dr Karthik	Hall B: Dr S D Deodhar Hall
Psoriatic Arthritis	Prof Phillip Helliwell Dr Bhowmik Meghnathi Dr Bimlesh Pandey	Dr Vijay K Rao	Hall C: Dr G H Tilve Hall

23rd Nov 2024 (Saturday) 07:45 - 08:45

Торіс	Guru	Local Coordinator	Hall
Vasculitides	Prof John Stone Prof Aman Sharma Prof Ruchika Goel	Dr Ramesh Jois	Hall A: Dr Debashish Danda Hall
Myositis	Prof Andrew Mammen Prof Liza Rajasekhar Prof RN Misra	Prof Ramya Janardana	Hall B: Dr S D Deodhar Hall
Systemic Sclerosis	Prof Dinesh Khanna Prof Gouri Koduri Prof Uma Kumar	Dr Anna C Das	Hall C: Dr G H Tilve Hall

SCIENTIFIC PROGRAM







22nd NOV' 2024, FRIDAY

HALL A (Dr Debashish Danda Hall)

Time	Topic	Learning Objectives	Speaker	Chairpersons	
09:00-09:30	Reminiscing Prof Debashish Danda: The Indomitable Bastion of Indian Rheumatology	Session Dedication: Cherishing the contribution of Dr Debashish Danda to the Rheumatology World No Comments/ Questions	Prof RN Misra (Bhubaneswar): Administrative achievement Prof John Mathew (Vellore): Academic achievement Prof Sumita Danda (Vellore)		
09:30-10:00	PAUL BACON MEMORIAL LECTURE: IgG4-Related Disease: Lessons from the first 20 years IRAVAS was strengthened by immense contributions from Prof Paul Bacon. This Lecture is our tribute to acknowledge his stellar mentorship and contributions which strengthened the foundations of IRAVAS	Review the history of IgG4-RD, highlighting major milestones and breakthroughs over the past 20 years To apply these lessons for early diagnosis and to improve clinical outcomes in patients with IgG4-RD	Prof John Stone (USA)	Dr K M Mahendranath (Bengaluru) Dr Lalit Duggal (New Delhi) Prof Aman Sharma (Chandigarh)	
10-10:05		Q & A			
		Futuristic Precognition			
10:05-10:30	Meteorological Manipulations of Maladies	Understand the Basics of Meteorology Learn whether and how weather and climate impact the immune system and immune-mediated rheumatic diseases	Prof Uma Kumar (New Delhi)	Prof Narasimulu (Hyderabad) Dr V Krishnamurthy (Chennai) Dr Binoy J Paul (Kozhikode)	
10:30-10:55	Somatic mutations causing non-malignant diseases - the emergence of a new paradigm	Genotype-phenotype correlation and emerging therapeutics of Immune- Mediated Diseases	Prof Pravin Hissaria (Australia)		
10:55-11:00		Q & A			
11:00-11:15		Mobility Break			





(Kozhikode)



22nd NOV' 2024, FRIDAY

Hall A: Dr Debashish Danda Hall

		RA Symposium		
Time	Торіс	Learning Objectives	Speaker	Chairpersons
11:15-11:35	Precision Medicine in RA: Bountiful Treasure or Fool's Gold?	Precision medicine in RA- Is it a myth or a reality Pathoimmunobiology and synovial histopathology guided stratification of treatment choices in RA in the context of predicting response to treatment, tapering or withdrawal, and switching therapies	Prof AN Malaviya (New Delhi)	Prof Porkodi (Chennai) Prof Arul Rajamurugan (Chennai) Dr AN Roy (Hyderabad)
11:35-11:55	Pushing Boundaries in the Era of RA Biologics, How Far Have We Come?	Long-term Outcomes of Rheumatoid Arthritis in the Biologics Era Learn whether improving articular outcomes in RA is reflected in the outcomes such as mortality/ CV morbidity/ malignancy risks	Dr Anurag Bharadwaj (UK)	
11:55-12:00		Q & A		
		Orations		
12:00-12:30	Presidential Oration	Our president's 1st love was Immunology from the school days as we are told. Let's listen to his inspiring journey from a teenage boy mesmerized by the nitty-gritty of the Immune system which keeps him ticking!	Dr Chandrashekara S (Bengaluru)	Dr BG Dharmanand (Bengaluru) Prof Alakendu Ghosh (Kolkata)
12:30-13:00	IRA Oration	Honouring and celebrating the contribution to Indian Rheumatology Continuing on together in	Dr Ramesh Jois (Bengaluru)	Dr Chandrashekara S (Bengaluru) Prof Vinod Ravindran

Rapporteurs: Dr Vishnu Priya, Dr Bindhyachal Gupta, Dr Abhishek G P

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22nd NOV' 2024, FRIDAY

Hall A: Dr Debashish Danda Hall

13:00-14:00	IRAC	ON QUIZ (Part 1): IRACON	APP	
LUNCH	PC	OSTER Viewing and Evaluatio	n	
		Myositis symposium		
Time	Торіс	Learning Objectives	Speaker	Chairpersons
14:00-15:00	The Two-Way Street Between Bench and Bedside: Muscle Histopathology	Learn from the bidirectional relationship between diagnostic decisions and data from histopathology and serology. Develop the ability to critically interpret histopathological findings and their implications in therapeutics, enhancing insights into clinical decision-making.	Clinical Discussants: Dr Anuj Shukla (Ahmedabad) Dr Aadhar Dhooria (Jaipur) Dr Keerthi Talari (Hyderabad) Pathology Discussant: Prof Anita Mahadevan (Bengaluru)	Prof Andrew Mammen (USA) Prof Liza Rajasekhar (Hyderabad)
15:00-15:25	Insights into pathogenesis of myositis: from transcriptomic analyses	Pathogenic role of myositis autoantibodies, IFN signature and other distinct gene signatures in different types of myositis	Prof Andrew Mammen (USA)	Dr Sanjiv Amin (Mumbai) Prof RN Misra (Bhubaneswar)
15:25-15:30		Q & A		
	Sp	ondyloarthritis Symposiur	n	
15:30-15:55	Current treatment recommendations in axSpA and axPsA: how are they supported by evidence?	Understanding the current treatment recommendations for axial spondyloarthritis (axSpA) and axial psoriatic arthritis (axPsA) Analyzing evidence from clinical trials, guidelines, and expert consensus.	Prof Xenofon Baraliakos (Germany)	Prof Renu Saigal (Jaipur) Dr Shashank Akerkar (Mumbai) Dr Ved Chaturvedi (New Delhi)
15:55-16:15	MRI of the spine and sacroiliac joints in axial spondyloarthritis-Can AI take us a step further?	Al framework to detect inflammation vs damage. Challenges and success in developing scores to differentiate between these	Prof Ashish Jacob Mathew (Vellore)	
16:15-16:35	Role of low-dose CT scan (LDCT) in the diagnosis of AxSpA	Techniques, advantages, and comparison to MRI. Learning points from Indian data	Brig. Dr Vivek Vasdev (Bhopal)	
16:35-16:45		Q & A		







22nd NOV' 2024, FRIDAY

Hall A: Dr Debashish Danda Hall

Debate 'Vaad-Vivaad					
Time	Topic	Learning Objectives	Speaker	Chairpersons	
16:45-17:30	TOFACITINIB IS THE NEW STEROID!		For - Prof RN Misra (Bhubaneswar) Against - Prof Amita Aggarwal (Lucknow)	Dr URK Rao (Hyderabad) Dr C. Balakrishnan (Mumbai) Dr Namisha Patel (Ahmedabad)	
	Rapporteurs: Dr Ra	hul Sahu, Dr Deepak Malgutte, D	r Radhika Jhakotia		
17:30	IRACON QUIZ (Part 2) Dr Anu Desai, Dr Amrita Gopalan, Dr Rashmi Roongta, Dr Shankar Subramanian				
		Industry Symposium			
19:00 hrs		INAUGURATION			

22nd NOV' 2024, FRIDAY

Time	Topic	Learning Objectives	Speaker	Chairpersons
09:00-10:00	HALL A			
10:10-10:40	Year in review- Basic Science	Summary and critical assessment of publications over the past year	Dr Kavitha Mohanasundaram (Chennai)	Dr K Shanmugandan (Chennai) Dr Jyotsna Oak (Mumbai)
10:40-11:10	Year in review - Clinical Research		Dr Padmanabha Shenoy (Kochi)	
11:10-11:40	Year in review - Indian Research	Summarize and analyze the contributions of influential papers from India bringing forth the work done by Indian Rheumatologists and Basic Scientists	Dr Sapan Pandya (Ahmedabad)	Dr Sravan Kumar Appani (Hyderabad) Dr B Rajashekhar (Chennai) Dr Swetal Pandey (New Delhi)
	Rapporte	eur: Dr Ishita Shah, Dr Amit Dua, Dr Ani	irudh M	







22nd NOV' 2024, FRIDAY

Time	Topic	Learning Objectives	Speaker	Chairpersons
11:40-11:55	Mobility Break		<u>'</u>	<u>'</u>
12-12:30	Presidential Oration: Hall A			
12:30-13:00	IRA Oration: Hall A			
12.00 14.00	IRACON QUIZ (Part 1): IRACOI	N APP		
13:00-14:00	POSTER Viewing and Evaluation	1		
14:00-14:40	Panel Discussion: Osteoporosis	Moderator: Dr Parthajit Das (Kolka Enhance understanding of concep of osteoporosis diagnosis and therapy		r (USA) am (UK)
		Precision Medicine Symposium		
14:45-15:05	Targeting specific pathogenic pathway perturbations in OA- a road to DMOAD?	DMOADs - MAPK pathway/ TLR / IL1ß/ enzyme inhibitors/ growtl factors critical appraisal of the available evidence	Dr Nilesh Nolkha (Mumbai)	Dr Sukesh Edavalath (Kozhikode) Prof Urmila Dhakad
15:05-15:25	Domain-Driven Therapy Decisions in Ssc: Are we there yet ?!	Learn about the feasibility of doma -specific strategies in managing SS including patient stratification and personalized medicine approaches	ic, (Lucknow)	Dr ChikkaMoga (Bengaluru)
15:25-15:45	Diagnostic accuracy and clinical impact of automated interpretation of Muscle MRI	Quantitative measurement of muscle volume and inflammation Fat fraction analysis Correlation of qMRI with histopathology	Dr Chengappa Kavadichanda (Mysuru)	
15:45-15:55		Q & A	,	,
	Medical H	lumanities: Looking bey	ond Science	
16:00-16:20	Equipoise and the Rheumatolog	ist of Today	Dr Rohini Handa (New Delhi)	Dr Ramesh Subramanian (Chennai) Dr Anu Desai (UK)
16:20-16:40	"Rheumatology and Alfred Nobe	d Nobel's Legacy "A Century of progress (UK)		
	Rapporteurs:	Dr Anil Kumar, Dr Avanish Jha, Dr	Dipendra Ghosh	
16:45-17:30	Debate: HALL A			
17:30		n, Dr Rashmi Roongta, Dr Shankar	Subramanian	
	Industry Symposium			







22nd NOV' 2024, FRIDAY

Time	Торіс	Abstracts/Learning Objectives	Presenter	Judges/ Chairperson
10:05-11:00	Oral Abstract presentations: Articular diseases	Op1 The Heat Is On: Utility of Infrared Thermography in Detecting Synovitis In Rheumatoid Arthritis OP2 Quantifying the Economic Toll of Rheumatoid Arthritis: A Comprehensive Cost-of-Illness Analysis and Exploration of Catastrophic Healthcare Expenditure from Karnataka Chapter of Indian Rheumatology	Dr Nidish Chandra Dr AS Harshini	Dr Arvind Sinha(UK) Dr Rajiv Ranjan (Faridabad) Dr Anish Aggarwal (Ghaziabad) Dr Nachiket Kulkarni (Pune)
		Association (KRA) OP3 TLR2 (23bp) promoter polymorphism in Spondyloarthritis: Association with disease activity, and levels of cytokines (TNF-α & IL-17)	Dr Anil Kumar Sahu	
		OP4 The Impact of HLA Antigens on Susceptibility and Clinical Heterogeneity in Psoriatic Arthritis	Dr Meera Shah	
		OP5 Evaluation of Chronic Lateral Hip Pain: Ultrasound-Based Study in 88 Patients	Dr Smurti Ramteke	
		OP6 A Comparative Study to Assess the Effect of Pregabalin & Duloxetine Medication in Patients Suffering From Primary Knee Osteoarthritis	Dr Harsh Jain	
11:00-11:40	Panel Discussion: Antiphospholipid Antibodies	Moderator: Dr Puja Srivastava (Lucknow) Learning Objectives: Case based discussion-	Dr Kaveri K Nalianda Dr Vijaya Prasanna (I Dr Anoof PP (Kozhik Dr Koshy Nithin Tho	Hyderabad) ode)
		Discuss the lacunae in the diagnostic criteria for APLA spectrum diseases Evaluate current treatment protocols for APLA spectrum diseases		
	Rapporteur:	: Dr Sheba Charles, Dr Jeet Patel, Dr Kee	rtana DM	







22nd NOV' 2024, FRIDAY

Time	Торіс	Abstracts/Learning Objectives	Presenter	Judges/ Chairperson	
11:40-12:00	Mobility Break				
12:00- 13:00	Presidential Oration HALL A IRA Oration Hall A				
13:00-14:00	IRA QUIZ (Part 1): IRACON APP				
LUNCH	POSTER Viewing and Evaluation				
14:00-15:00	ORAL PLATFORM Case Series/ Cohort	Op13 A Multicentric Descriptive Study Of 360 Cases Of Sarcoidosis In Karnataka, South India: A Rheumatologists' Perspective	Dr Shiva Prasad	Dr Suvrat Arya (Noida) Dr Hema Murugesan (Chennai) Dr Avinash Buche (Aurangabad)	
		OP14 Gastrointestinal involvement in Systemic Sclerosis – review of 250 patients' clinical, radiological and serological profile in a tertiary care centre, South India	Dr Manna Jacob	Dr Bhupen Barman (Guwahati) Dr Pranav R. Chickermane (Mumbai)	
		OP15 Insights into Clinical Features, Laboratory Parameters, and Outcomes in Systemic Sclerosis - A Single-Center Experience of over Three Decades (COSSIL Cohort)	Dr Abhishek GP		
		OP16 Monogenic Autoinflammatory Disorders in a North Indian Tertiary Rheumatology Care Centre	Dr Lekshmi Minikumari Rahulan		
		OP17 Scleroderma Renal Crisis: Three Decades of Clinical Insights, Laboratory Profiles, and Patient Outcomes from a Single Center	Dr Abhishek GP		
		OP18 Long-Term Outcome of Pediatric Chronic Anterior Uveitis from A Single Centre In North India.	Dr Prajakta Dekate		
15:00-15:45	Panel Discussion Jumpstarting Recovery: Role of Early Rehabilitation in Autoimmune Rheumatic Diseases	Moderator: Dr Abhra Chandra Chowdhury (Kolkata) Learning Objectives: Recognize the benefits of early intervention in the management of autoimmune rheumatic disease Understand rehabilitation plans based on disease severity and patient needs.	Dr Jaya Das(Bengalu Dr Anindya Debnath Dr SS Jha (Patna) Dr Kunal Chandawar	(Bengaluru)	







22nd NOV' 2024, FRIDAY

Time	Topic	Abstracts/Learning Objectives	Presenter	Judges/ Chairperson
15:50-16:45	ORAL PLATFORM Basic Science/ HPR/ Pediatrics	Op7 Impact of Disease Activity on Annual Healthcare Expenditure in relation to DMARD Prescriptions in Rheumatoid Arthritis (RA): An analysis from Karnataka Chapter of Indian Rheumatology Association (KRA) OP8 Rheumatoid Arthritis through Care - givers' Eyes: A Single Center Cross-sectional Study on Knowledge and Disease Impact OP9 Mindin (Spondin-2) differentially regulates fibroblast subpopulations during fibrogenesis OP10 Tadalafil loaded SNEDDS promote chondroprotective effect by mitigating mitochondrial Reactive oxygen species in	Dr AS Harshini Ms Shaleni Venkatachalam Dr Sunny Kataria Prof Vikas Agarwal	Dr Bonnie Anjum (Chandigarh) Dr C Saranya (Chennai) Dr Muzaffar Bindroo (Srinagar) Dr Arun Kedia (Raipur)
16:45-17:30		osteoarthritis-derived senescent chondrocytes OP11 Gene Expression Profiling of Kawasaki Disease In North Indian Children: A Real-Time PCR Based Study- The First Of Its Kind From The Indian Subcontinent OP12 An IL-6 mediated amplifier loop exists in aortic adventitial fibroblasts and is responsive to a combination of IL-6 and IL-17 inhibition.	Dr Abarna Thangaraj Ms Kritika Singh	







22nd NOV' 2024, FRIDAY

DEBATE: Hall A: Dr Debashish Danda Hall

Time	Topic	Abstracts/Learning Objectives	Presenter	Judges/ Chairperson
17:30-18:30	Maytri Symposium: APLAR Young Rheumatologists (AYR) Inaugural Session	Papers presentation(3) 1. Dr A T M Tanveer Efficacy, safety and immunogenicity of a biosimilar adalimumab advixa R compared with the reference product Humira R in patients with rheumatoid arthritis in Bangladesh. 2. Dr Gulshat Impact of disease modifying antirheumatic drugs on inflammation in patients with rheumatoid arthritis:A Retrospective Analysis of long term follow up in a Kazakhstani Cohort. 3. Dr Mojdeh The effect of oral Nigella sativa Capsule on symptoms and serum levels of Tenascin C in knee osteoarthritis Patients: A Triple Blind Randomized Clinical Trial. Report on MAYTRI activities by AYR ambassadors, Concluding remarks.	Dr Chandrasekara S (B Dr Ved Chaturvedi (Ne Dr Himantha Atukorak Dr Binit Vaidya (Nepal)	ew Delhi) e (Sri Lanka)
	Rapporteur: Dr Yerram	Keerthi Vardhan , Dr Reena Karkele, Dr	Reetika Ramanathan	







23rd NOV' 2024, SATURDAY

Hall A: Dr Debashish Danda Hall

Time	Торіс	Learning objectives	Speaker	Chairpersons
		Scleroderma Symposium		
09:00-09:20	FIBROBLAST: What a Clinician should know	How are fibroblasts different between health and disease? Their signalling pathways and how this knowledge can be translated into therapeutics	Prof Colin Jamora (Gautam Buddha Nagar)	Dr Kaushik Bhojani (Mumbai) Dr Geetabali Sircar (Kolkata)
09:20-09:45	Quantifying inflammation and fibrosis- identifying treatable traits	Identifying the different clinical expressions and endotypes by the biological networks in SSc that enable therapeutics	Prof Dinesh Khanna (USA)	Dr Dhaiwat Shukla (Ahmedabad)
09:45-10:05	Screening and diagnosis of ILD in patients with CTD	Learn the importance of early ILD screening, key risk factors, and diagnostic tools in CTD patients. Understand ILD variability in CTDs and create tailored screening protocols. What is the evidence?	Dr Gouri Koduri (UK)	
10:05-10:15		Q & A Scleroderma Symposium		
		Mulling over Omnipresent I	nfections	
10:20-10:40	Virulent vigilance: Key strategies to prevent infections	Infection prediction and prevention strategies B cell depleting vs cell inhibitors - drug oriented screening Antibiotics/ antifungals- role of prophylaxis Vaccine protocol in AIRD	Dr Neha Mishra (Bengaluru)	Dr Varsha Bagul (Mumbai) Dr Varsha Bhatt (Pune)
10:40-11:05	Insidious imitations: Infections masquerading as autoimmunity	Understand the intertwining inflammatory confluence between autoimmunity and infections. How infections resemble autoimmune responses and discuss the implications for treatment and patient management.	Dr Justina Tan (Singapore)	Dr Bharat Panigrahy (Odisha)
11:05-11:25	A cultural shift: latest in infection diagnostics	Recapitulating the limitations and challenges associated with culture-based methods for detecting infections. Explore emerging technologies and trends in microbiological diagnostics beyond cultures to detect microbiological Infections and their limitations.	Dr Suresh Kumar (Chennai)	
11:25-11:35		Q & A Infection Session		







23rd NOV' 2024, SATURDAY

Time	Topic	Learning objectives	Speaker	Chairpersons
		Mobility Break 11:35-12:00		
12:00-12:30	KOLKON Oration Instituted by the West Bengal chapter of the IRA.	This oration is awarded in recognition of overall contribution to propagating rheumatology and patient education and awareness programs.	Dr Kavita Krishna (Pune)	Prof Sukumar Mukherjee (Kolkata) Prof Vinod Ravindran (Kozhikode) Dr Aradhana Singh (Jaipur) Dr Remesh Bhasi (Kozhikode)
12:30-13:00	YOUNG IRA Oration	This oration is awarded in recognition of one's scientific contribution to the field of Rheumatology.	Dr Rakesh Kumar Pilania (Chandigarh)	Prof S Rajeshwari (Chennai) Dr Sanjeeb Kakati (Dibrugarh) Dr Bankim Desai (Vadodara)
	Rapporteur: Dr N	latasha Faria, Dr Nagnath Khadke, Dr S	ubodh Gururani	
13:00-14:00	1	RACON QUIZ (Part 1): IRACON APP		
LUNCH		POSTER Viewing and Evaluation		
14:00-14:30	Foot and Ankle in Rheumatology: Where every step counts	Learn the diagnostic and management strategies of foot and ankle pathologies across the spectrum of inflammatory arthritis	Prof Phillip Helliwell (UK)	Prof Ravichandran R (Chennai) Prof Udas Chandra Ghosh (Kolkata)
		Lupus Symposium		
14:30-14:50	SLE: Emerging therapeutic avenues and the blind alleys	WHAT IS NEW in therapeutics: Upcoming therapies such as TLR/Tyk2, including a brief review of those which have failed in trials.	Dr Rudrarpan Chatterjee (Lucknow)	Prof Mithun CB (Kochi) Dr Anupama Swamy (Bengaluru) Dr Shubada Kalke
14:50-15:10	Lupus Nephritis Unplugged: Tackling Kidneys beyond Immunosuppressives	Non- immunosuppressive therapies for LN Role of ACEi/ ARB/ SGLT 2 inhibitors Current evidence and practical applications	Prof Manish Rathi (Chandigarh)	(Mumbai) Dr B Venugopal (Coimbatore)
15:10-15:30	Future-Proofing SLE: Smart Strategies for Long- Term Success	Improving long term outcome in SLE: strategies for the future	Prof Molly Thabah (Puducherry)	
15:30-15:40		Q & A		
		Vasculitis Symposium		
15:40-16:00	Vasculitis Mimics: The Great Imitator	Learn from the master: Unique Considerations and Challenges in distinguishing vasculitis from its mimics.	Prof Aman Sharma (Chandigarh)	Dr Sundeep Upadhyay (New Delhi) Dr Soumya Jain
16:00-16:20	Jak inhibitors in Aortoarteritis- Do they stand a chance?	Emerging data on the use of JAK inhibitors for aortoarteritis What is its place in the overall treatment algorithm for aortoarteritis	Prof Ruchika Goel (Vellore)	(Saharahanpur) Dr Ajit K Surin (Bhubaneswar)
16:20-16:40	AAV: Dramatic progress over the past quarter century	Gain insights from the expert: how the diagnostic and treatment protocols for AAV have evolved in the past quarter century.	Prof John Stone (USA)	
15:30-15:40		Q & A		







23rd NOV' 2024, SATURDAY

Hall A: Dr Debashish Danda Hall

Time	Торіс	Learning objectives	Speaker	Chairpersons	
Vasculitis Symposium					
16:50-17:30	Clinico-Pathologic Conference Clinical Discussant : Dr Durga P Pathologist: Prof Ritambhra Nac	Prof Vasantha Kar Dr S J Gupta (Nev Prof Sundar Swan	, , ,		
	Rapporteur: Dr Rishabh Nanavati, Dr Usha Holla, Dr Deepthy Jagadish				
17:30	17:30 IRACON QUIZ (Part 2) Dr Anu Desai, Dr Amrita Gopalan, Dr Rashmi Roongta, Dr Shankar Subramanian				
17:30-18:00	GSK Symposium				
18:15	General Body Meeting				

23rd NOV' 2024, SATURDAY

Time	Торіс	Learning objectives	Speaker	Chairpersons
9:00-9:30	Ushering in an era of Collaborative research in India– Coming of Age	Listen to stories of a new era of collaborative research representing a transformative shift in the Indian rheumatology landscape leading to not only a collective advancement of knowledge but also strengthening relationships.	AVM Dr Shankar Subramanian (Shillong)	Brig Narayanan (Kochi) Dr Niharika Gill (Mumbai)
	Jodo In	dia: Weaving the threads tog	gether	
09:30-12:00	SIG / Convener	Research Topic		
	RA Convener: Prof Subramanian R	Clinical spectrum and outcomes of RA-ILD and RA Vasculitis Dr Pramod Chebbi	Dr K M Mahendra Prof John Mathew Prof Ashok Kumar	(Vellore)
	SpA Convener: Lt Gen Ved Chaturvedi	Through the Gender spectrum: Analyzing clinico- Radiological profiles in spondyloarthritis		
		Lt Gen Ved Chaturvedi		
	PsA (PASIG) Convener: Dr. Bimlesh Dhar Pandey	Profile, clinical features and treatment trends in Indian patients with Psoriatic Arthritis: data from the multicenter, prospective PASIG registry		
		Dr Mohit Goyal		
	Women's Health Issues Convener: Prof Shefali Sharma	Osteoporosis in women with RA Dr Kavita krishna		







23rd NOV' 2024, SATURDAY

Time	Topic	Learning objectives	Speaker Chairpersons
	Jodo In	dia: Weaving the threads tog	ether
09:30-12:00	SLE Convener: Prof Amita Aggarwal	Clinical phenotype and treatment outcomes of Macrophage Activation Syndrome in Systemic Lupus Erythematosus Dr Ranjan Gupta	Prof Liza Rajasekhar (Hyderabad) Prof RN Misra (Bhubnehswar) Prof Amita Aggarwal (Lucknow)
	IIM Convener: Prof Liza Rajasekhar	Spectrum of MDA-5 positive IIM disease in India - A Multi center experience over 10 years Dr Puja Srivastava	
	Ssc Convener: Dr Padmanabha Shenoy	Oral health in patients with scleroderma Dr Vijaya Prasanna	
	IRAVAS Convener: Prof R N Misra	Revisiting ITAS: Initial validation Dr Ruchika Goel	
	Sjogren's Syndrome Convener: Dr Sapan Pandya	Sjögren's Indian Collaborative Clinical Associates (SICCA)- Registry data	Prof Aman Sharma (Chandigarh) Prof Bidyut K Das (Bhubaneswar) Dr Chandrashekara S (Bengaluru)
	Osteoporosis Convener: Dr Parthajit Das	Dr Sandhya P Bone health in young patients with SLE Dr Parthajit Das	
	Reproductive Rheumatology Convener: Prof Vinod Ravindran	Maternal and Fetal Outcomes in Women with Rheumatoid Arthritis Dr Sunita Kayinidhi	
	IgG4 RD Convener: Dr Lalit Duggal	Phenotypic Spectrum of IgG4 related disease in India Dr Sourabh Malviya	
12:00-12:30		Kolkon Oration HALL A	
12:30-13:00		Young IRA Oration Hall A	
	Rapporteur	: Dr Gargi Sasmal, Dr Harish B V, Dr Cl	nandu A S







23rd NOV' 2024, SATURDAY

Time	Topic	Learning objectives	Speaker	Chairpersons	
13:00-14:00	IRACON QUIZ (Part 1): IRACON	APP			
LUNCH	POSTER Viewing and Evaluation				
14:00-14:30	2023 ACR ILD: Guidelines- What is New?	Key takes from 2023 ACR/Chest Guidelines for screening/ monitoring and Rx of ILD in SARDs	Prof Dinesh Khanna (USA)	Prof Sukhbir Singh Uppal (Mohali) Prof VP Pandey (Indore)	
14:30-15:00	Autoimmunity and Fibromyalgia: At Crossroads	Update on the pathophysiology of fibromyalgia and its potential links to autoimmune mechanisms	Prof Able Lawrence (Lucknow)	Dr C P Rajendran (Chennai)	
		Sjogren's Symposium			
15:00-15:20	Ro 52- The autoimmune Kaleidoscope	Impact of Ro52 in clinical phenotypes of CTDs	Dr Yogesh Preet Singh (Bilaspur)	Dr Gurmeet Singh (Jammu) Dr Gautam D Choudhary	
15:20-15:40	Hope on the Horizon: Potential End to the Dry Spell	Emerging Therapies in Sjögren's Syndrome with positive signals in RCT How they contribute to our understanding of pathogenesis of Sjogren's	Dr Shankar Naidu (Chandigarh)	(Kolkata) Dr PSR Gupta (Hyderabad)	
15:40-16:10	Sjogren's Syndrome: Can Multiomics Crack the Code to Better Diagnostics and Therapies?	Utility of Genomics, Proteomics and Metabolomics in elucidating the diagnostic and prognostic markers for Sjogren's syndrome	Prof Tsutomu Takeuchi (Japan)		
		Q & A Sjogren's Symposium			
16:20-16:40	Navigating the Web of Autoantibodies with a Network Blueprint!	Explore autoantibody interactions and patterns using network models. Understand how these models can be useful to predict disease progression and possibly finetune treatment strategies in autoimmune diseases.	Dr Vani J (Chennai)	Dr Arun Kumar Kedia (Chattisgarh) Dr Pooja Dhaon (Lucknow)	
16:50-17:30		CPC (Hall A)			
	Rapporteur: Dr U	Jpendra Rathore, Dr Ritasman Baisya, I	Dr Pratyusha Rajavarupu	I	
	IRACON QUIZ (Part 2) Dr Anu Desai, Dr Amrita Gopalan, Dr Rashmi Roongta, Dr Shankar Subramanian				
17:30-18:10		GSK Symposium			
	Topic: Shingles in AIRD: Approach to prevent pain & enhance care				
		Speaker: Dr Bimlesh Dhar Pandey			
	Paneli	ists: Dr Dominic Benjamin (Sr Geriatric	cian)		
		Dr Neha Mishra (ID Physician)			
18:15		General Body meeting Hall A			







23rd NOV' 2024, SATURDAY

Time	Topic	Learning objectives	Speaker	Chairpersons
9:00-10:00	Panel discussion: Pediatrics		Panelists:	
	What's New in Pediatric Rheumatology? The Latest Buzz!		Dr Sathish Kumar (Vel Dr Sujatha Sawhney (I Dr Mahesh Janarthan Dr Narendra Bagri (Ne	Delhi) (Chennai)
10:00-10:50	Op19 Novel composite score comprising multiple urinary biomarkers accurately predicts active nephritis in Systemic Lupus Erythematosus: derivation and validation		Ms Fareha Umam	Dr Joydeep Samanta (Raipur)
		eption cohort (INSPIRE) data for an us Erythematosus(SLE): A Predictive	Prof Vineeta Shobha	Dr Sundeep Grover (Meerut)
	OP21 Sequential Pneumococcal side effects and comparison with	vaccination in SLE: Immunogenicity, PPSV23 vaccination –	Dr Rudrarpan Chatterjee	Dr Santa Naoren (Tripura)
	OP22 Data-driven Bayesian Netv Difficult-to-Treat (DTT) Lupus Ne		Dr Jagan Babu	
	OP23 Effect of Glucocorticoid withdrawal in clinically quiescent Systemic Lupus Erythematosus		Dr K V Anil Kumar	
	OP24 High Burden of Catastrophic Health Expenditure for Systemic Lupus Erythematosus Treatment in India: Insights from the Multicentric Study by the SLE SIG of Indian Rheumatology Association		Prof Chanchal Gera	
10:50-11:45		ongitudinal observational study to atment with Rituximab in maintaining associated vasculitis (AAV) -	Dr Ravi Kumar U	Dr Rahul Jain (New Delhi)
	OP26 Treatment Outcomes and I Disease: A Tertiary Care Experien	. •	Dr Sandeep Yadav	Dr Nayan Patel (Hyderabad)
	OP27 In vitro evaluation of thera Takayasu Arteritis: Perspectives f molecular docking studies	· · · · · · · · · · · · · · · · · · ·	Ms Tooba Qamar	Dr Rajesh S (Thiruvananthapuram)
	OP28 Serum p-glycoprotein and monomeric C-reactive protein are novel biomarkers of Takayasu arteritis and serum p-glycoprotein is associated with inactive disease		Dr Darpan Thakare	Dr Deonis Xess (Ranchi)
	OP29 "Beyond the Flares: Colchicines' Promise in Palindromic Rheumatism" - Impact of Colchicine Withdrawal on Disease Control in Palindromic Rheumatism		Dr Harsha Hari	
	OP30 Clinical And Imaging Outco Patients With Persistent Systemic		Dr George Raj Deva	







23rd NOV' 2024, SATURDAY

Time	Topic	Learning objectives	Speaker	Chairpersons
11:45- 12:00	Mobility Break			
12:00-13:00	Hall A Kolkon Oration, young IRA oration			
	Rapporteur: Dr V	'idya Bangar, Dr Sayid Fahad Nizar, Dr	Vaibhavi Velangi	
14:00-15:00	Op31 Cancer Risk and Screening Inflammatory Myopathy: Validat retrospective Indian Cohort		Dr Lovely Kumari	Dr Kishore Babu (Nellore)
	OP32 Predictors and Patterns of Sclerosis: Insights from the India Registry	f Mortality in Indian Systemic in Progressive Systemic Sclerosis	Dr Kotapati Poornima	Prof Uma Kumar (New Delhi) Dr Hafis Muhammed VK
	OP33 Machine Learning-based Infection During Treatment with Connective Tissue Disease-Inter	Different Immunosuppressants for	Dr Prakashini MV	(Kozhikode)
	OP34 Study of Type -1 Interfero Biopsy Samples Of Patients Wit	on Gene Signature Markers In Muscle h IIM	Dr Pradeep Sosigowda	
		to reduce the occurrence of multiple or myositis specific autoantibodies in	Dr Neeraja Vijayan	
		Conventional Immunosuppression itis: Insights from a Tertiary Care	Dr Abhilasha Manwatkar	
15:00-15:45	Panel discussion: Reproductive Moderator: Dr Rajkiran Dudam (Learning Objectives: Recent Developments in Reproduith Rheumatic Disease Discuss the impact of disease acreproductive organs, hormonal by	Hyderabad) luctive Health issues in patients	Dr Arul Rajamurgan (Chennai) Dr Vinod Ravindran (Kozhikode) Dr Rohini Samant (Mumbai) Dr Anu Daber (Gurugram)	
15:45-16:45	Association of Women in Rheun Dr Kavita Krishna	natology - Meet and Greet		
	Rapporteur	: Dr Akash Kune , Dr Manoj Khatri, Dr	Arun Baby	
18:15		General body Meeting: HALL A		







24th NOV' 2024, SUNDAY

Hall A: Dr Debashish Danda Hall

Time	Торіс	Learning objectives	Speaker	Chairpersons
09:00-10:00	Mini Debates Invasive Insight or Outdated Practice? Reevaluating Muscle Biopsies in Myositis The Vitamin D Dilemma: Essential Evaluation or Extravagant Expense To Continue or To Cease: The Anticoagulation Dilemma in APLA	Enhance Critical Analysis of Medical Evidence: Critically evaluate and interpret medical literature, research data, and clinical guidelines to support medical decisions Learn from diverse viewpoints on controversial or complex medical issues, recognizing the strengths and limitations	Dr Arghya Chattopadhyay (Kolkata) vs Dr Sarit Sekhar Pattanaik (Cuttack) Dr Deepika Ponnuru (Vijayawada) vs Dr Avanish Jha (Vellore) Dr Preksha Dwivedi (Bhopal) vs Dr Akshat Pandey (Indore)	Dr Amit Kansal (Ludhiana) Dr Syamasis Bandyopadhyay (Kolkata) Dr B Padma Kumar (Alappuzha)
	CARving New I	Pathways: Looking forward t	o next Decade	
10:00-11:00	The Biology of CAR T-Cell Therapy: Engineering Immunity	Gain a foundational understanding of engineering of CAR T-cell therapy, including its development, genetic modifications and molecular processes involved in designing targeted therapies.	Dr Rahul Purvar (Mumbai)	Dr PD Rath (New Delhi) Dr Rutviz Mistry (Ahmedabad) Dr Jijith Krishnan (Thrissur)
	Transforming Cancer Treatment: The Rise of CAR T-Cell Therapy	Successes and challenges in Cancer treatments using CAR T cells Learn about ongoing research and the development of next-generation CAR T-cells, including improvements in safety, efficacy, and application beyond hemato-oncology.	Dr Gaurav Narula (Mumbai)	
	Exploring CAR T-Cell Applications in Rheumatology: A Vision for the Next Decade	Learn about the potential for CAR T-cells to selectively target and eliminate autoreactive immune cells, offering a new therapeutic approach for autoimmune diseases. Future directions of CAR T-cell therapy, including ongoing research, potential clinical applications using potential next-generation therapies.	Dr Vaidehi Choudhary (USA)	







24th NOV' 2024, SUNDAY

Hall A: Dr Debashish Danda Hall

Time	Торіс	Learning objectives	Speaker	Chairpersons		
	Q & A 10min					
	Mob	ility Break: Stretch & Stroll (11:00-11:	:15)			
		Neurology Networks		_		
11:20-11:40	Autoimmune Neuropathies: Emerging Perspectives and Breakthroughs	Updated understanding of autoimmune neuropathies, focusing on recent advancements and their implications for clinical practice	Dr Thomas Mathew (Bangalore)	Dr Shyamashis Das (Kolkata) Dr Rathindranath Haldar (Kolkata)		
11:40-12:00	Cracking NMOSD: Unmasking the Immune Culprits	Understanding the overlap of NMOSD in systemic autoimmune diseases	Prof John Mathew (Vellore)			
12:00-12:05		Q & A Neurology Networks				
	Look	ing Beyond the Prescription	Pad			
12:05-12:25	Targeted Diets in Autoimmunity: Are we missing the Microbiota Magic?	Dietary interventions and their effects on gut microbiota composition and function. Understand challenges and limitations in current research and practice regarding diet and gut microbiota in autoimmunity	Dr Damodaram P (Tirupati)	Dr Himanshu Pathak (Vadodara) Dr Ashaq Parrey (Srinagar)		
	Rapporteur	: Dr Prabhu, Dr Dhaval Tanna, Dr Sauvi	ik Dasgupta			
12:30		Valedictory				

LUNCH

24th NOV' 2024, SUNDAY

Time	Topic	Learning objectives	Speaker	Chairpersons
09:00-10:00	Mini Debates The AVN Dilemma: Conservative Management or Core Decompression? The Role of Early Antifibrotic Therapy in SSc ILD: Do or Delay Beyond Calcium & Vitamin D: What's Your First Move in Osteoporosis Treatment? Antiresorptives or Anabolics	Enhance Critical Analysis of Medical Evidence: Critically evaluate and interpret medical literature, research data, and clinical guidelines to support medical decisions Learn from diverse viewpoints on controversial or complex medical issues, recognizing the strengths and limitations	Dr Adarsh MB (Kozhikode) vs Dr Sundaram TG (Coimbatore) Dr Diganta Das (Dibrugarh) vs Dr Pooja Belani (Gandhidham) Dr. Anjana Varier (Trivandrum) vs Dr Puneet Mashru (Mumbai)	Dr Nimish Nanavati (Mumbai) Dr Firdaus Fathima (Hyderabad) Dr Suresh Adimulam (Visakhapatnam)







24th NOV' 2024, SUNDAY

Time	Торіс	Learning objectives	Speaker	Chairpersons
	Going Back	to Indian Roots: Embracing Ou	r Heritage	
10:00-11:00	Yoga Meets Immunity: Flexing Science for a Stronger Defense	Explore the science behind the yoga practices, how it can influence immune system functioning through physical, mental, and physiological pathways. How does it alter inflammation and the disease process of autoimmune diseases?	Dr Raghavendra Rao (Bengaluru)	Dr Atul Gattani (Mumbai) Dr Shrikant Wagh (Pune) Dr Ripal Shah
	Harnessing Ayurveda for Autoimmune Wellness: Traditional Healing in Modern Times	Traverse the scientific evidence supporting Ayurvedic interventions in the treatment and management of autoimmune conditions. Understand how traditional Ayurvedic therapies, including herbal remedies, dietary guidelines, detoxification processes, and lifestyle practices may be utilised for co-managing autoimmune diseases.	Dr Girish Tillu (Pune)	(Vadodara)
	Mindfulness and Meditation: Can Science Unlock Their Role in Managing Autoimmune Diseases?	Understand the concepts of Heartfulness and Meditation. Status of current scientific research on how meditation and heartfulness influences immune system function and potentially impacts autoimmune diseases	Dr Prashant Aggarwal (Ludhiana)	
		Q & A 10min		
		Mobility Break 11:00 - 11:20		
11:20-11:40	Myofascial syndrome - An under-recognised entity in AIRDs	When to suspect MFPS, differentiating from fibromyalgia, utility of USG, management options	Dr Balaji C (Chennai)	Dr Kiran Seth (Noida) Dr Pankaj Ajmire (Amaravati)
11:40-12:30	Medical Maze: Navigating Clinical Complexities 1.Oncologic Imposters - Malignancies Masquerading as Rheumatologic Diseases 2. Cardiac Sarcoidosis: A South Indian Collective 3. A Case of Bone and Muscle Woes 4. Mesenchymal Stem Cells for Refractory Digital Ulcers in Systemic Sclerosis 5. Sticky Cell Syndrome	Improve decision-making skills by evaluating multifaceted case studies that involve multiple organ systems or overlapping conditions. (Picked from abstracts submitted to IRACON 2024)	Dr Harsha Hari Dr Usha Holla Dr Phanidhar Dhanekula Dr Radhika Bajaj Dr Manikandan G	Dr Sarath Chandramouli Veeravalli (Secunderabad) Dr Harikrishnan Gangadharan (Kottayam) Dr Nagaprabhu (Coimbatore)
	Rapporteur: Dr Abh	ilasha Manwatkar, Dr Debaditya Roy, Dr	Sumanth Madan	
12:30		Valedictory function		
		LUNCH		







24th NOV' 2024, SUNDAY

Hall C: Dr G H Tilve Hall

Time - 09:00 - 10:00 Topic - Deodhar PG QUIZ

CME FOR CLINICIANS

Venue: Hall D: Lt Col Dr Achuthan Hall Chamara Vajra November 24, 2024, Sunday

Time	Торіс	Learning objectives	Speaker	Chairpersons
09:00-09:20	Arthritis in A child	 Growing pains, Arthritic problems & Metabolic Bone diseases Differential diagnosis Classification of Juvenile Idiopathic Arthritis How is Pediatric Arthritis different from Adult Arthritis 	Dr Karthik Badarayan (Bengaluru)	Dr Somashekar A R Dr Priya Shivalli
09:20-09:40	Pregnancy & Rheumatic Diseases	Immunological changes in pregnancyDrug safety in pregnancy Managing disease flares in pregnancyFetal risks	Dr Vidya S (Tirunelveli)	Dr Radhika Dr Shashikala Patil
09:40-10:25	Panel Discussion - SUDOKU of Inflammatory Markers & Autoantibodies Moderators - Dr Salil Ganu (Nagpur) Dr Rahul Sahu (Bhopal)	When to order?When to Suspect?When and What to repeat?Autoantibody Panel and its pitfalls	Dr Asmita More (Nashik) Dr Archana Singh (Lucknow) Dr Ritasman Baisya (Kolkata) Dr Ramesh R (Chennai)	
10:25-10:45	Solving Arthritic Dilemmas	 Differentiating between inflammatory and noninflammatory pains Types of Arthritis Accompaniments of Arthritis Arthritic mimickers 	Dr Sabarinath Mahadevan (Chennai)	Dr H S Chandrashekar Dr H Basavana Gowda Dr Bharath Raju
10:45-11:00	Mobility Break			







CME FOR CLINICIANS

November 24, 2024, Sunday

Time	Topic	Learning objectives	Speaker	Chairpersons
11:00-11:20	Rheumatotologist meets the Eye	 Different Ophthalmological Scenarios which involves the eye What tests to order in Inflammatory Ophthalmic diseases? Do we always have a systemic cause? 	Dr Deepak Malgutte (Mumbai)	Dr Namitha Anagol Dr Mohan Raj S N
11:20-11:40	How a Rheumatotologist views the Skin ?	 Different Rheumatic disease with dermatological manifestation Do all dermatological manifestations of Rheumatic diseases require a skin biopsy? Different Case scenarios 	Dr Sandeep Yadav (Mumbai)	Dr Jagadisha P Dr Vidya T S
11:40-12:30	Panel Discussion Rheumatologist and DMARDS-a love And Hate relationship. Moderators - Dr Arun Tiwari (Bhopal) & Dr Muzaffar Bindroo (Srinagar)	 Different drugs used as DMARDS Indications Tests to be done preceeding use Monitoring Adverse effects and management dose titrations Biologicals 	Dr Arun Baby (Palakkad) Dr Manesh Manoj (Kannur) Dr Rajesh Kanumuri (Ongole) Dr Pranav Chickermane (Mumbai)	
12:30-12:50	Demystifying Back Pain – a common Complaint	Types of back painsClassification of Inflammatory Back painsRed Flag signs in Back pains	Dr Swapan Nagpal (Amritsar)	Dr Praveen Basanagoudar Dr Manmeet Chhabra Dr Manohar K N Dr Vijay Kumar
12:50-13:30	12:50-13:30 Open House Discussion			
		Lunch 13:30		

MEDITATION SESSION







HEARTFULNESS MEDITATION AND YOGA SESSION

The unique and transformative aspect of Heartfulness is the deep connection with one's heart. It helps practitioners experience the deepest states of consciousness. It naturally brings out the heart's qualities of contentment, calmness, compassion, courage and clarity.

Experience deep meditation, even the first time, through Heartfulness

Venue: Mukta

Session	Date : 22 nd November 2024
1.	09:30-10:30
2.	11:00-12:00
3.	14:30-15:30

Session	Date : 23 rd November 2024
1.	09:30-10:30
2.	11:00-12:00
3.	14:30-15:30







CONFERENCE VENUE MAP



Venue Location QR's





















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Conference Secretariat:

Dr Nagaraj S

Organising Secretary - IRACON 24 Trust Rheumatology Arthritis & CTD Clinic (TRACC) #1182, 22nd A Cross, Banashankari 2nd Stage, Near Devegowda Petrol Bunk, Near KIMS College, Bengaluru-560070

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